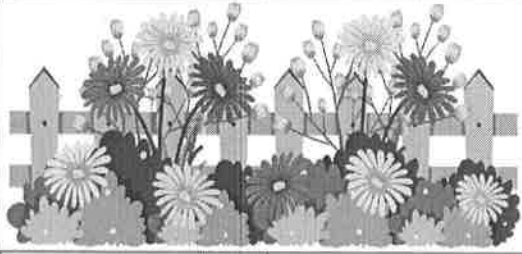


SOUTHINGTON CALENDAR HOUSE SENIOR CENTER—May 2026 MENU

Menu items subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RW Solutions Serving Suggested Donation \$3 up to 25 diners max— pay \$5.50 for private pay meal after limit is reached.	RW Solutions Serving Suggested Donation \$3 up to 25 diners max— pay \$5.50 for private pay meal after limit is reached.	Bread For Life Serving Suggested Donation \$3 Up to 30 diners max 	Bread For Life Serving Suggested Donation \$3 Up to 30 diners max 	RW Solutions Serving Suggested Donation \$3 up to 25 diners max— pay \$5.50 for private pay meal after limit is reached.
Food Allergy Warning: Please be advised that our food may have come in contact with or may contain wheat, peanuts, tree nuts, fish, shellfish, egg, milk, soy, sesame, or gluten.				1 Roast Turkey with Low Sodium Gravy, Stuffing, Cauliflower Supreme, Oatnut Bread, Mixed Fruit Cup, 1% or Skim Milk
4 Pork Chopette with Sage Gravy, Mashed Potatoes, Green Beans, White Bread, Peaches, 1% or Skim Milk	5 Swedish Meatballs, Egg Noodles, Peas and Carrots, Oatmeal Bread, Applesauce, 1% or Skim Milk	6 Chicken in Cream Sauce, Vegetable, Roasted Potatoes, Dessert, Chilled Water	7 Pasta, Meat Sauce, Salad, Fruit, Chilled Water	8 Mother's Day Special Stuffed Chicken, Roasted Red Potatoes, Honey Glazed Carrots, Whole Wheat Roll, Angel Food Cake with Fresh Strawberries and Whipped Topping, 1% or Skim Milk
11 Orange Juice, Cheese Omelet with Red Pepper, French Toast Sticks, Turkey Sausage Link, Fresh Apple, 1% or Skim Milk	12 Macaroni and Cheese, Stewed Tomatoes, Oatnut Bread, Cookies, 1% or Skim Milk	13 Salmon, Yellow Rice, Vegetable, Dessert, Chilled Water	14 Chicken Osso Buco, Potatoes, Vegetable, Fruit, Chilled Water	15 Fish Filet, French Fries, Cole Slaw, Tartar Sauce, Wheat Bread, Tropical Fruit Cup, 1% or Skim Milk
18 Pineapple Chicken Stir Fry, Brown Rice, Asian Blend Vegetables, Hawaiian Roll, Fresh Mandarin, 1% or Skim Milk	19 Fish Filet, Lemon Orzo, Diced Butternut Squash, Tartar Sauce, Wheat Bread, Brownie, 1% or Skim Milk	20 Pulled Pork Sliders, Macaroni Salad, Fruit, Chilled Water	21 Steak, Vegetables, Scalloped Potatoes, Chilled Water	22 Tuna Fish with Onion and Celery over a Bed of Lettuce, Seasoned Potato Wedges, Tomato and Cucumber Salad, Oatmeal Bread, Cookie, 1% or Skim Milk
25 CENTER CLOSED 	26 BBQ Riblet, Au Gratin Potatoes, California Blend Vegetables, Corn Muffin, Pears, 1% or Skim Milk	27 Egg Salad Sandwiches, Salad, Dessert, Chilled Water	28 Shrimp over Pasta, Salad, Fruit, Chilled Water	29 Ground Beef Stroganoff with Egg Noodles, Broccoli and Carrots, Dinner Roll, Fresh Orange, 1% or Skim Milk