

SOUTHINGTON HOUSING AUTHORITY

COMMUNICATOR

August 2025
Board of Commissioners Meeting
August 26
43 Academy St (Lincoln Lewis Terrance)
5:00 P.M.

August Birthdays 🎂

1 st Bonnie Hunter	4 th Sandra Donia	6 th Andrew Fabrizio	7 th William Pavloski
7 th James Musshorn	11 th Irene Zimnaruk	12 th Jose DLugokinski	14 th Diane Dorso
22 nd Judith Ann Regula	22 nd Keith Grady	25 th Kristen Cassile	26 th Joseph Tierpack

📧 Monthly Newsletter Update

August 1, 2025, the monthly newsletter will be available on our website at **SouthingtonHA.com**.

**If you would like to continue to receive a printed copy or if you have previously contacted our office to request a printed copy, we will continue to provide one for you.*

📌 Tenant Tip: Importance of Renters Insurance

SHA strongly encourages all residents to carry renters' insurance to protect personal property and provide peace of mind. Policies are generally affordable and available through most insurance providers.

- **Protect Your Belongings:** Coverage may include sudden damage from plumbing, heating, or appliance leaks.
- **Temporary Housing:** If your unit becomes uninhabitable, many policies help with additional living expenses.
- 🙌 **Reminder:** SHA maintains the building but is not responsible for tenants' personal belongings. For more information, please get in touch with your insurance agent.

Sign- Ups

🏠 Upcoming Presentations & Services

- **The YMCA** will present an overview of all services available to SHA residents.
- **Southington-Cheshire Health District (SCHD)** will discuss **safe medication disposal, vaccination pros & cons**, and provide light refreshments.
- **Day Break Adult Day Services** will share information on their community services, with light refreshments and a **Bingo activity**.
- **VetCare Everywhere** will be at **The Calendar House, 388 Pleasant St, on August 8, 10 AM – 1 PM**.
 - 30-minute appointments for seniors, veterans, and individuals with disabilities.
 - Special rate: **\$60 per pet** (cash or check only).

Special Events Schedule

- **August 7**, Day Break- **Academy St** -@ 11 am
- **August 8**, at the Calendar House – **10 am till 1 pm**
- **August 11**, SCHD- **Academy St** - @ 11 am
- **August 11**, SCHD- **Pleasant St** - @ 1 pm
- **August 13**, Community Services- **Academy- 12:30 pm**
- **August 14**, Day Break- **Carter Ln**- 11 am
- **August 18**, SCHD- **Main St** - @ 10 am
- **August 18**, SCHD- **Carter Ln**- @ 1 pm
- **August 19**, The YMCA- **Academy St**- @ 11 am
- **August 19**, The YMCA- **Pleasant St** -@ 1 PM
- **August 21**, The YMCA- **Main St** - @ 11 am
- **August 21**, The YMCA- **Carter Ln** - 1 PM
- **August 26**, Day Break- **Pleasant St** - @ 11 am
- **August 28**, Day Break- **Main St** - @ 11 am

Transportation Resources

- Calendar House Transportation: Must book two weeks in advance. CT Transit: 860-525-9181
- Senior Transportation Services, Inc.: Medical transportation within 20 miles. Call: 860-224-7117

Food Programs

- **Southington Bread For Life**: 31 Vermont Avenue, **lunch Mon-Fri 11:30–12:30**. Call Missy Cipriano at 860-276-8389 with questions
- **Southington Community Services**: has a food pantry such bread, pastry, & produce daily, where you can get free food weekly. You must meet income guidelines – Call at 860-628-3761 for assistance.

Community Activity

Diamond Painting Craft: Ms. Lisa Petrocione invites all SHA residents to join! If you have questions, feel **free to call her at 860-538-6986**. If she doesn't answer, leave a message, and she will get back to you at her earliest convenience.

REMINDERS: Start saving your Bank Statement from July to December 2025. As a suggestion, I encourage each of the residents to get an envelope and place all their bank statements and medical bills, and receipts inside it.

Mayra De Leon, RSC